

2017 Apple Capital Open June 2nd – 4th

Held under Sanction of USA Swimming, Inc. and Inland Empire Swimming, Inc., SANCTION #IE-17-1327 R1

In granting this sanction it is understood and agreed that USA Swimming (USAS) and Inland Empire Swimming (IES) shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Use of audio visual recording devices including a cell phone camera is not allowed in the changing areas, rest rooms, locker rooms or behind the starting blocks. Deck Changing is prohibited: Changing into or out of swimsuits other than in the facility locker rooms, or other designated area designated by the host facility, is not appropriate, and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Host: Velocity Swimming, P.O. Box 2791, Wenatchee, WA 98807

Location: Wenatchee City Pool, Pioneer Park, 210 Fuller St., Wenatchee, Washington, (509) 664-3397

Format: Timed finals, split age group open. Swimmers will compete for medals, ribbons and points. Medals, ribbons and/or points will be awarded by age group and gender: 8 & under, 9-10, 11-12, 13-14, and 15 & over, if not a USAS event for age group, then ribbons only.

Course: Outdoor, 10 lane 50-meter pool with anti-wave lane lines. The pool is equipped with the Colorado Timing System with touch pads at both ends. Starting blocks meet USAS height and water depth requirements at start end. The competition course has not been certified in accordance with 104.2.2C(4). Swimmers will use in-water starts at turn end for 200 meter relays. The start end of the pool depth ranges from 5'6 to 9', the turn end ranges in depth from 3'6" to 4'6". The warm-up pool is attached to the main pool and is available during the meet. Deck marshals will be present during warm-ups. Main pool will be open for warm-ups/cool downs during breaks.

Rules: Current USAS rules will govern. The rules and procedures of IES also apply. The whistle start protocol and the no recall rule will be in effect. There is positive check-in for the 1500 free on Sunday and the 13&over 400 Free events on Friday, and the IES scratch rule will be in effect for these deck-seeded events. Positive check-in closes 1 hour prior to scheduled start of the events. Any protests or questions concerning the outcome of an event shall be directed in writing to the Meet Referee by the team coach. The Meet Referee will be the final authority for the conduct of the competition. Coaches that have an athlete with a disability that requires accommodations to the starting procedure must notify the referee prior to the athlete's swim. Coaches must be 2017 members of USAS or Swimming/Natation Canada (SNC). All SNC coaches must complete and submit the USAS liability form available at the clerk of course prior to the start of warm-ups. Proof of coaching certification must be produced on request at any time to the referee. Only swimmers, coaches, officials and meet workers are permitted in the deck area. The deck area is considered to be a 3-foot area from the edge of the pool and the area behind the start platforms up to the timer chairs. There will be no swimming in the dive tank except for swimmers to warm-up prior to their events and cool down immediately thereafter. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach then it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302 at the time of meet entry. Open to 2017 registered SNC athletes. All SNC swimmers must complete and submit the liability waiver prior to the start of warm-ups. Age on the first day of the meet determines the age group to enter. Each swimmer must swim in his/her respective age group. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Athletes with a disability are welcome and are asked to provide advance notice of necessary accommodations.

- Awards:**
- All combined age group and all mixed individual events not swam as exhibition will be scored and awarded separately by gender and age group.
 - Medals will be awarded for individual events for the finishers in places 1-3 and ribbons will be awarded for places 4-10.
 - Medals will be awarded for relay events for the finishers in places 1-3.
 - The 10 & Under 100 Back, Breast & Fly and the 10 & Under 200 Free and IM will be scored and awarded as 10 & Under, waiving the BB distinction, as these events are not IES 8 & Under events.
 - A prize will be provided to the winner of each Heat.
 - Individual High point awards will be given to the Girl and Boy in each age group. High point calculations will be based on swimmers' age groups, not event age groups, so points earned in combined events will be added into the calculation for each swimmer.
 - Team High Point for First through Third place will be awarded.
 - Teams are requested to appoint one adult to pick up awards at the end of the meet. Awards will not be mailed.

Entries: All swimmers may enter four (4) individual events on Friday, Saturday, and Sunday, and one (1) relay both Saturday & Sunday. Enter swimmers' best meter times or converted yard time. NT (No Time) entries will be accepted for all age groups and will be seeded in the slowest heats. Once the meet has been seeded, swimmers that are already registered in the meet may request to deck enter additional events (up to the corresponding daily limit), pending availability of empty lanes, and at the discretion of the referee, with payment of \$3 per event due upon approval. **There will be no deck registrations.** Entries will be limited to include all teams up to, and including the team, that has the **800th** swimmer. The 1500 Free will be swum fastest to slowest, and may be limited to the fastest 8 heats. Swimmers in the 1500 Free must supply their own Counter and Timers. Swimmers swimming the 1500 may request 800 split times to be entered along with their final times in the 1500. Swimmers wishing this option should declare their intent with the meet referee before their swims, and arrange that their timers record the split times with their watches. The 800 split times will only be considered as valid if the entire 1500 distance is completed successfully.

Additional events for 12&under:

All events in the morning sessions for the 12&under swimmers will be scored. The competition meet for these ages ends with the morning sessions. There are however several **OPTIONAL** possibilities for swimmers in this age bracket to swim additional distance swims in the afternoons. These swims are **EXHIBITION ONLY** and will **NOT BE SCORED**. These swims still count towards the maximum of 4 swims per day.

Relays: Teams are limited to four (4) relay entries per relay event. **If the Meet Entry Chair determines that the meet is oversubscribed, the 4th then the 3rd entries may be deleted.** Only the two (2) fastest relay finishers per team are awarded points and ribbons.

The USAS SWIMS database requires that ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USAS database. If you know of any swimmer data that is NOT correct in the meet database, please notify the Meet Referee as soon as possible. The appropriate changes will be made. The data will be sent to USAS within 3 days of the meet and your assistance and cooperation in ensuring accuracy will assist us in the timely posting of the swimmers achieved times.

Submissions: Team must submit Entries using Team Manager "Hy-Tek" Software via email (preferred) only.

Please include a hard copy of "Meet Entry Report" as a back-up.

Entries must include current (2017) USA Swimming or SNC registration numbers.

In order to guarantee priority, all **IES** teams shall notify Velocity Swimming via email of their intent to attend by **Wednesday, April 19th, 2017**. This notification shall include the approximate number of swimmers.

IES Teams Priority entry deadline is Wednesday, May 10, 2017.

Final Entries deadline is **Wednesday, May 17, 2017**.

Entries may be submitted via email to david_cutter@yahoo.com

Phone and late entries will not be accepted.

Please send the following 4 attachments via email (preferred):

1. zip entry file from Team Manager
2. Print to file (PDF format) of team individual entries
3. Print to file (PDF format) of team relay entries
4. Print to file (PDF format) of meet fees due.

Payment and hard copies must be received by the above deadline for entries to be considered official.

****Velocity Swimming respectfully requests that visiting teams supply help with timing in order to ensure that the meet runs without interruption.***

Entry Fees: Entry fees are Three Dollars (\$3.00) for each individual event and Twelve Dollars (\$12.00) for each relay event plus a Fourteen Dollar, (\$14.00) IES surcharge per swimmer and a Three Dollar (\$3.00) facility surcharge per swimmer.

Fees & surcharges for each team must be paid with one check and accompany entries.

USAS and City of Wenatchee rules regarding weather will be in effect and refunds will not be issued due to weather.

Please make the check payable to **Velocity Swimming** and address to:

**Velocity Swimming
C/O David Cutter
1552 Holly Lane
East Wenatchee, WA 98802**

***** Please Waive requirement for signature *****

Entries submitted on the IES Master Entry Form will be accepted for individual/family entries only. The form can be found on the FORMS page of the IE website, www.ieswim.org

Schedule: **Friday:** 9:00 AM - 9:55 AM open warm-up
 Session One 10:00 AM - events begin

 Session Two approximately 45-minute open warm-up after the conclusion of morning session
 Events begin 5 minutes after the conclusion of this warm-up

Positive Check-in for the 13&over 400 Free ends 1 hr prior to scheduled start time.

Note: Friday evening the meet must be concluded by 8:00 PM. Depending on entries and meet schedule, it may become necessary to limit the number of heats of the 400 Friday Evening.

Saturday: 8:10 AM - 8:55 AM age 12 & under warm-up
 Session Three 9:00 AM - events begin

 Session Four 45-minute open warm-up after the conclusion of morning session
 Events begin 5 minutes after the conclusion of this warm-up

Sunday: 7:10 AM - 7:55 AM age 12 & under warm-up
 Session Five 8:00 AM - events begin

 Session Six 45-minute open warm-up after the conclusion of morning session
 Events begin 5 minutes after the conclusion of this warm-up

Positive Check-in for the 1500 Free ends 1 hr prior to scheduled start time.

Warm-up: Lane assignments for warm-ups will be posted. Diving is permitted in designated sprint lanes and only under the direct supervision of a coach. Swimmers participating in the meet without an USA Swimming registered coach must report to the meet referee at the start of each warm-up session.

Meetings: Friday Coaches meeting at 8:45 AM
 Officials meeting at 9:15 AM

 Saturday Coaches meeting at 7:45 AM
 Officials meeting at 8:15 AM

 Sunday Coaches meeting at 7:00 AM
 Officials meeting at 7:30 AM

Afternoon meetings to be announced as needed, depending on final timeline.

Meet Administration:

Meet Referee: **Genie Lutz**
Starter: **Mark Marquis**
Stroke & Turn: **Martin Davy, Larry Dressel, Zoe Hedges, and Julie Broxson**
Meet Director: **Jeff Sutton** boardpresident@velocity-swimming.com
Meet Entry Chair: **Dave Cutter** david_cutter@yahoo.com
Administrative Official: **Dave Cutter**

We welcome and need the assistance of visiting USAS Officials. Please bring current certification and USAS registration cards. Uniform white over blue. Coaches must display current and valid credentials at all times during the meet.

General: The **Meet Referee shall be the final authority for the conduct of the competition.** The length of the break between Sessions may be varied at the Meet Referee & Coaches discretion. The Meet Referee may schedule 10 minute breaks during the competition at their discretion. Fly-over starts will be used for all age groups. All events will be timed finals. Hospitality area and lunch will be provided for team Coaches and visiting Officials. Absolutely no animals on deck or in locker room at any time. Handicap parking and access is available in front of pool near main entrance.

Concessions: Velocity Swimming's concessionaire will be serving dinner Friday & Saturday nights with breakfast and lunch on Saturday & Sunday.

Vendors: Swim2000, NW Design

Hotels: Team Hotel: Red Lion Hotel, (509) 663-0711, Wenatchee

Comfortable accommodations, complimentary Wi-Fi and a warm welcome awaits at Red Lion Hotel Wenatchee.

Use these booking instructions for easy no-hassle reservations and get a special group rate of **\$154.00**.

- Call 800-RED LION (733-5466) and provide them with the group code **APPL0602** for **Red Lion Hotel Wenatchee**.
- Or, click on this link:

<https://reservations.redlion.com/ibe/details.aspx?hotelID=13758&langID=1&group=APPL0602&hglID=280&currID=0&dt1=6362&nights=2&rooms=1&adults=1&child1=0>

Cedars Inn, (509) 886-8000, East Wenatchee

Best Western, (509) 665-8585, Wenatchee

Travelodge, (509) 662-8165, Wenatchee

Value Inn, (509) 663-8115, Wenatchee

Comfort Inn, (509) 662-1700, Wenatchee

Super 8 Motel, (509) 662-3443, Wenatchee

Inn at the River, (509) 888-7378, East Wenatchee

The Avenue Motel, (509) 663-7161, Wenatchee

Economy Inn, (509) 663-8133, Wenatchee

Best Western Icicle Inn, (509) 548-7000, Leavenworth

Quality Inn, (509) 548-7992 / (800) 693-1225, Leavenworth

Howard Johnsons, (509) 548-4326, Leavenworth

Linderhof Motor Inn, 800-828-5680, Leavenworth

Obertal Motor Inn, 800-537-9382, Leavenworth

Leavenworth Village Inn, (509) 548-6620, Leavenworth

Westcoast Wenatchee Center Hotel, (509) 662-1234, Wenatchee

Village Inn Motel, (509) 782-3522, Cashmere

Comfort Suites, (509) 662-1818, Wenatchee

Marriott Springhill Suites, (509) 667-2775, Wenatchee

Motel 6, (509) 663-8167, Wenatchee

Camping:

Under special arrangement with the City of Wenatchee, the Pioneer Park facility will be available for camping Friday through Sunday if desired. Drinking water and lavatory facilities will be available on a 24-hour basis. Security will be provided in the park at night. Self contained camper and trailers may use the parking lot on the west side of the pool, adjacent to Pool. Pool restroom facilities are available for one hour after last event Friday and Saturday and will open at 6:30 AM on Saturday and Sunday mornings.

To assist with offsetting the cost of providing camping in Pioneer Park, Velocity Swimming is requesting that each family camping in the Park contribute \$30.00 for the weekend. Campers need to register with clerk of course on arrival. Each paid family will receive a notice of registration to post in a visible location.

Note: There will be **NO PARKING allowed in the Pioneer School parking lot before midnight Friday night !!!**

Notes on Camping:

We are granted special permission by the City Parks Department to use the park for camping and they have **stipulated** the following rules, which must be followed:

- No vehicles on the grass. (No tent trailers)
- Campers and trailers shall be parked in parking lots adjacent to the pool or along Fuller St. only.
- Fuller St. parking is limited to lateral parking of camping units that will not go beyond the length of a pickup truck.
- Please do not park cars along side of campers on Fuller St. and take up 2 spaces.
- Camping spots shall be on a first come, first serve basis.
- No camping will be allowed prior to 9:00 AM Friday or later than 6:00 PM Sunday.
- Alcoholic beverages not allowed.
- Loitering in restroom not permitted.
- Electrical outlets not provided.
- Portable barbecues and stoves not permitted on picnic tables.
- No water balloons allowed.

Additional Local Camping is available at :

Confluence State Park, Wenatchee (509) 664-6373

Lincoln Rock State Park, East Wenatchee (509) 884-8702

Wenatchee River County Park (509) 667-7503

Pool Directions: From Hwy 2, travel south on Wenatchee Avenue.

Turn right at intersection with Miller Street.

Travel south on Miller to Russell (Pioneer Middle School is on the left).

Turn left on Russell - one block to Fuller – pool is on the left.

From Hwy 28 (East Wenatchee) cross Columbia River Bridge, turn right on Mission St.,

then immediate left on Ferry St. Follow Ferry St. (turns into Russell).

Pool will be on the right on Fuller Street.

2017 Apple Capital Open

Fee Computation Form

Number of Individual Events: _____ x \$3.00 = \$ _____
Number of Relay Events: _____ x \$12.00 = \$ _____
IES Surcharge per Swimmer: _____ x \$14.00 = \$ _____
Facility Surcharge per Swimmer: _____ x \$3.00 = \$ _____
Total amount due: _____ \$ _____

NOTE: Please make one check payable to Velocity Swimming

Name of Team: _____

Submitted by: _____

Date: _____

Address: _____

Telephone: _____ Day _____ Evening _____

E-mail:(important) _____

Mail Entries To:

**Velocity Swimming
David Cutter
1552 Holly LN
East Wenatchee, WA 98802**

***** Please Waive requirement for signature *****

Entry Submission must include:

1. Commlink entry file from Team Manager
2. Print to file (word format) of team individual entries
(highlight 4th priority on hard copy)
3. Print to file (word format) of team relay entries
4. Print to file (word format) of meet fees due.

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2017 IE VS Apple Capital - 6/2/2017 to 6/4/2017
Session Report

Session: 1 Friday Morning

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

- Finals 1 Girls 11-12 100 Butterfly
- Finals 2 Boys 11-12 100 Butterfly
- Finals 3 Girls 11-12 400 Freestyle
- Finals 4 Boys 11-12 400 Freestyle
- Finals 5 Girls 12 & Under 200 Freestyle
- Finals 6 Boys 12 & Under 200 Freestyle
- Finals 7 Girls 10 & Under 200 IM
- Finals 8 Boys 10 & Under 200 IM
- Finals 9 Girls 12 & Under 200 IM
- Finals 10 Boys 12 & Under 200 IM

2017 IE VS Apple Capital - 6/2/2017 to 6/4/2017
Session Report

Session: 2 Friday Afternoon

Day of Meet: 1 Starts at 02:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	11 Mixed 15 & Over 400 IM
Finals	12 Mixed 11 & Over 200 Backstroke
Finals	13 Mixed 13 & Over 100 Butterfly
Finals	14 Mixed 13 & Over 50 Breaststroke
Finals	15 Mixed 13 & Over 400 Freestyle

2017 IE VS Apple Capital - 6/2/2017 to 6/4/2017
Session Report

Session: 3 Saturday Morning

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	16	Girls 11-12 400 IM
Finals	17	Boys 11-12 400 IM
Finals	18	Girls 10 & Under 100 Butterfly
Finals	19	Boys 10 & Under 100 Butterfly
Finals	20	Girls 11-12 50 Butterfly
Finals	21	Boys 11-12 50 Butterfly
Finals	22	Girls 8 & Under 100 Freestyle
Finals	23	Boys 8 & Under 100 Freestyle
Finals	24	Girls 9-10 100 Freestyle
Finals	25	Boys 9-10 100 Freestyle
Finals	26	Girls 11-12 100 Freestyle
Finals	27	Boys 11-12 100 Freestyle
Finals	28	Girls 8 & Under 50 Backstroke
Finals	29	Boys 8 & Under 50 Backstroke
Finals	30	Girls 9-10 50 Backstroke
Finals	31	Boys 9-10 50 Backstroke
Finals	32	Girls 11-12 100 Backstroke
Finals	33	Boys 11-12 100 Backstroke
Finals	34	Girls 8 & Under 50 Breaststroke
Finals	35	Boys 8 & Under 50 Breaststroke
Finals	36	Girls 9-10 50 Breaststroke
Finals	37	Boys 9-10 50 Breaststroke
Finals	38	Girls 11-12 50 Breaststroke
Finals	39	Boys 11-12 50 Breaststroke
Finals	40	Girls 8 & Under 200 Medley Relay
Finals	41	Boys 8 & Under 200 Medley Relay
Finals	42	Girls 10 & Under 200 Medley Relay
Finals	43	Boys 10 & Under 200 Medley Relay
Finals	44	Girls 12 & Under 400 Medley Relay
Finals	45	Boys 12 & Under 400 Medley Relay

2017 IE VS Apple Capital - 6/2/2017 to 6/4/2017
Session Report

Session: 4 Saturday Afternoon

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	46 Mixed 11 & Over 200 Butterfly
Finals	47 Mixed 13-14 400 IM
Finals	48 Girls 13-14 400 Medley Relay
Finals	49 Boys 13-14 400 Medley Relay
Finals	51 Girls 15 & Over 400 Medley Relay
Finals	50 Boys 15 & Over 400 Medley Relay
Finals	52 Mixed 13 & Over 100 Freestyle
Finals	53 Mixed 13 & Over 100 Backstroke
Finals	54 Mixed 13 & Over 50 Butterfly
Finals	55 Mixed 13 & Over 200 IM

2017 IE VS Apple Capital - 6/2/2017 to 6/4/2017
Session Report

Session: 5 Sunday Morning

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	56	Girls 8 & Under 50 Freestyle
Finals	57	Boys 8 & Under 50 Freestyle
Finals	58	Girls 9-10 50 Freestyle
Finals	59	Boys 9-10 50 Freestyle
Finals	60	Girls 11-12 50 Freestyle
Finals	61	Boys 11-12 50 Freestyle
Finals	62	Girls 8 & Under 50 Butterfly
Finals	63	Boys 8 & Under 50 Butterfly
Finals	64	Girls 9-10 50 Butterfly
Finals	65	Boys 9-10 50 Butterfly
Finals	66	Girls 10 & Under 100 Backstroke
Finals	67	Boys 10 & Under 100 Backstroke
Finals	68	Girls 11-12 50 Backstroke
Finals	69	Boys 11-12 50 Backstroke
Finals	70	Girls 10 & Under 100 Breaststroke
Finals	71	Boys 10 & Under 100 Breaststroke
Finals	72	Girls 11-12 100 Breaststroke
Finals	73	Boys 11-12 100 Breaststroke
Finals	74	Girls 8 & Under 200 Freestyle Relay
Finals	75	Boys 8 & Under 200 Freestyle Relay
Finals	76	Girls 10 & Under 200 Freestyle Relay
Finals	77	Boys 10 & Under 200 Freestyle Relay
Finals	78	Girls 12 & Under 400 Freestyle Relay
Finals	79	Boys 12 & Under 400 Freestyle Relay

2017 IE VS Apple Capital - 6/2/2017 to 6/4/2017
Session Report

Session: 6 Sunday Afternoon

Day of Meet: 3 Starts at 12:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

- Finals 82 Mixed 11 & Over 200 Breaststroke
- Finals 83 Mixed 13 & Over 200 Freestyle
- Finals 84 Mixed 13 & Over 100 Breaststroke
- Finals 85 Mixed 13 & Over 50 Freestyle
- Finals 86 Mixed 13 & Over 50 Backstroke
- Finals 87 Girls 13-14 400 Freestyle Relay
- Finals 88 Boys 13-14 400 Freestyle Relay
- Finals 89 Girls 15 & Over 400 Freestyle Relay
- Finals 90 Boys 15 & Over 400 Freestyle Relay
- Break: 5 Minutes:
- Finals 91 Mixed 11 & Over 1500 Freestyle