



ISC MEDLEY CHALLENGE
May 19-21, 2017
SAANICH COMMONWEALTH PLACE

HOSTED BY: Island Swimming Club

Sanctioned by Swim BC: #19883

POOL: Saanich Commonwealth Place, 4636 Elk Lake Drive, Victoria, BC
One 50-meter 8-lane pool. The 8-lane 25-meter dive tank will be available for warm-up/cool-down.
Cafe and free parking on site.

MEET MANAGER: Kingsley Lee – meetmanager@islandswimming.com
ASSISTANT MEET MANAGER: Andrea Nugent – meetmanager@islandswimming.com
MEET REFEREE: Leon Politano (Level 5)
CLUB CONTACT: Ben Keast – ben.keast@islandswimming.com
OFFICIALS CONTACT: Hope Milloy – officials@islandswimming.com

IMPORTANT DEADLINES:

Entry deadline	May 11, 2017
Initial psych sheets and session reports posted: www.islandswimming.com	May 15, 2017
Email scratches or changes to: meetmanager@islandswimming.com	May 16, 2017
Revised psych sheets, session reports and technical bulletins posted: www.islandswimming.com	May 17, 2017
Final scratch deadline – final fee reports will be based on entries as of this deadline: meetmanager@islandswimming.com	May 17, 2017, Noon

Island Swimming Club will host a barbecue (hamburger or hot dog and drink) for all swimmers, coaches and officials on Sunday May 21, 2017, between Preliminary Heats and Finals.

ELIGIBILITY:

1. Open to SNC and USS (or other FINA recognized) registered swimmers.
2. Age group is determined by the age of the swimmer as of May 19, 2017.
3. As a guideline, coaches should enter swimmers in events where the swimmer has achieved, or is close to, Swim BC SC or LC "A" times for those events.
4. For the 400/800/1500 Free and IM events, swimmers must have a minimum [2016-2017 Swim BC SC or LC "AA" time](#).
5. Island Swimming reserves the right to enter ISC swimmers into events regardless of qualifying times.
6. Meet management reserves the right to limit the number of heats in any event to maintain reasonable timelines.
7. Para-swimmers are welcome. IPC athletes' classification (S/SB/SM) must be designated with entries.

GENERAL:

8. All SNC rules apply.
9. Swimming Canada warm-up competition safety procedures will be in effect at this meet. Please refer to the end of this package for details.
10. Age Groups for individual events: 11&U, 12-13, 14-15 and 16&O (except the 1500 Free, for which age groups will be 12-13, 14-15, 16&O).
11. Age Groups for relay events: 12&U, 13-14 and 15&O.



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FORMAT:

1. All events having preliminary heats will be swum senior seeded, slowest to fastest in Preliminaries. Finals for these events will be swum by age group.
2. Timed Finals events will be swum senior seeded, slowest to fastest except for the 800 and 1500 Free events.
3. In all 50, 100, and 200 events there will be an "A" final for the top 8 swimmers. If there are more than 24 entries in an event at the start of the meet there will also be a B final in that event for swimmers in the 12-13, 14-15 and 16&O age groups. The "A" final will swim first.
4. The 400 events for the 11&U age groups will swim as Timed Finals only during Preliminaries.
5. The 800/1500 Free events are Timed Final events and will be swum senior seeded, fastest to slowest.
6. The 800 Free (Event #27) will be limited to a maximum of 32 swimmers. The top 8 qualifying swimmers in each age/gender group will be entered. If fewer than 8 entries are received for a given age/gender group, additional spaces will be allocated to other age groups by the Meet Manager to fill the event.
7. The 1500 Free (Event #10) will be limited to a maximum of 32 swimmers. The top 8 qualifying swimmers in each age group will be entered. Additional spaces will be allocated to other age groups by the Meet Manager to fill the event.
8. The 800/1500 Free events may be swum two per lane.
9. The **Positive Check-in** deadline for 800/1500 events is 30 minutes after the start of the session in which it will be swum.

ENTRY INFORMATION:

10. **Fees** will be \$9.00 per individual event and \$12.00 per relay event.
11. There will be an additional \$9.00 surcharge for each swimmer which includes the \$5.00 SCP Facility Enhancement fee plus a \$4.00 Provincial Team Splash fee.
12. **Fees are due by the beginning of the meet by a cheque made payable to Island Swimming Club.**
13. Swimmers may enter a maximum of 8 individual events.
14. Entries will be limited to **400 swimmers** to ensure reasonable session lengths. Entries will be accepted on a first-come, first-served basis. The 400th swimmer's team will be the last team entered. Teams will be notified if entries cannot be accepted.
15. All individual and relay entries must have a LC entry time for seeding purposes. **NT entries will not be accepted.** Converted times will be accepted.
16. Entries with entry times to be submitted through the SCN website at <https://www.swimming.ca/meetlist.aspx> by the entry deadline.
17. Non-Canadian entries may be submitted directly to the Meet Manager at meetmanager@islandswimming.com. American teams: please use the current conversion standards.
18. **LATE ENTRIES** received after the entry deadline will be accepted at the discretion of the meet manager. The fee for late entries will be \$20 for each event for each swimmer. Late entries will be allowed entry into finals and the Medley Aggregate events.
19. **LATE CHANGES TO ENTRIES** will be charged \$10 per change after the entry deadline.
20. **DECK ENTRIES** will be permitted to fill empty lanes but no new heats will be created. Deck entries will be charged \$20.00 per event and must be paid to the Clerk of Course at the time of entry. Deck entered swimmers will only be allowed to compete with "Exhibition" status and will not advance to Finals nor be eligible for the Medley Aggregate prizes in the events for which they have been deck entered. All deck entries **must** include the swimmer's correct SNC ID and DOB for those swimmers not already in the meet.
21. Deck Entries may be considered for the Eliminator if there are fewer than 8 entries.



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SCRATCHES:

1. Policy regarding late scratches, no shows, step downs, and unexcused incomplete swims and the associated penalties and/or fines will be in accordance with the Swim BC Scratch Policy ([Swim BC Technical Guide, page 15](#)). This policy will also apply to any events requiring positive check-in (800/1500 Free).
2. The initial scratch deadline for evening Finals is 30 minutes after the conclusion of heats on the day the event is swum.
3. The final (no penalty) scratch deadline for Finals will be 30 minutes prior to the start of the Finals session.
4. Scratches after the deadline will not be refunded unless it is a medical scratch. Documentation of the medical scratch will be necessary for the refund.

RELAYS:

1. Teams may enter a maximum of 3 relays per event for the 200 MR and 200 FR.
2. Teams may enter 1 relay for the Mixed 200 MR.
3. All relays will be swum as Timed Finals and as the first events during the Finals sessions.
4. All changes and names must be submitted to the Clerk of Course no later than 15 minutes after the start of the warm up of the session in which the relay will be swum.

OFFICIALS:

We would gladly welcome assistance from any interested officials from visiting teams. Inquiries should be directed to officials@islandswimming.com

AWARDS and PRIZES:

A. MEDLEY AGGREGATE AWARD

1. The ISC Medley Challenge is proud to provide awards for the top performing all-around swimmer in each age/gender group. Prizes will be awarded in a single category this year, the Medley Aggregate.
 - a. The Medley Aggregate will be based on the sum of scores for each swimmer's best two of the 100m events plus the 200m IM or 400 IM.
2. All swimmers entered in an adequate combination of events will automatically be considered for the Medley Aggregate awards.
3. Scoring for the Medley Aggregate awards is based on a swimmer's placing in their respective age/gender category:
 - a) For all events, points are awarded in descending fashion to the top 16 finishers with the Standard Points System (20/17/16/15/14/13/12/11/9/7/6/5/4/3/2/1).
 - b) In the event of a tie for the highest score in any category, the award will be given to the swimmer with the higher IM event score based on the FINA points.
 - c) If the tie were still undecided, the award will be given to the swimmer with the higher sum of FINA points in the events used for scoring the Medley Aggregate award (i.e. best two 100m events plus the relevant IM event).

B. BELL HEATS

Bell heats will occur randomly throughout the meet. Prizes will be awarded to the winner of the heat that swims immediately after the bell is rung.

C. MEDLEY CHALLENGE ELIMINATOR

See below for the details of this exciting event.



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ISC Medley Challenge Eliminator

Island Swimming is pleased to offer an event consisting of a series of 'Eliminator' 50's. The last swimmer standing will win a special prize, acclaim from the fans, and a lifelong sense of personal accomplishment.

1. All swimmers entered in either the 200 or 400 IM are automatically eligible for the Eliminator. Spots will be offered to the top 8 swimmers in each age/gender group, as ranked by the FINA points for their entry times. All entry times will be verified.
2. The selected swimmers will be notified of their chance to swim the event after the initial entry deadline. If a swimmer declines, the next swimmers according to FINA points will be offered the chance until the event is full.
3. The format will consist of four 50m (**4 x 50**) walk-backs on 90-120 seconds (estimated). The stroke for each heat will be randomly chosen prior to each 50m and will be clearly displayed and/or announced for the swimmers as they walk back to their assigned lanes. Each stroke will be swum once.
4. Eight swimmers will start the first heat. The last two swimmers to touch the wall after each 50m will be eliminated until there are two swimmers remaining. The final two swimmers will swim head-to-head to determine the winner of the Eliminator.
5. The event will be seeded as a Timed Final and lanes will remain the same throughout the event.
6. In the event of a tie for the second-last elimination placings in one of the first three rounds, both swimmers will move on to the next round and three swimmers will be eliminated at the end of that round. If a tie occurs between the two swimmers in the final round, they will immediately swim another 50m of the same stroke to determine the winner.
7. Please see the following schedule of events to see when each Eliminator will be offered.



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ISC Medley Challenge Schedule of Events

Friday Prelims: Warm-up 7:30-8:20 AM, Events 8:30 AM-1:00 PM (estimated)

Girls	Event	Boys
1	Girls 200 Fly	
	Boys 100 Fly	2
3	Girls 100 Breast	
	Boys 200 Breast	4
5	Girls 100 Free	
	Boys 200 Free	6
7	Girls 12&O 400 IM	
107	Girls 11&U 400 IM (timed final)	
	Boys 50 Back	8
9	Girls 50 Back	
	1500 Free (timed final)	10

Friday Finals: Warm up 4:00-4:50 PM, Events 5:00-8:00 PM (estimated)

Girls	Event	Boys
203	12-13 Medley Eliminator	204
11	12&U 200 Medley Relay	12
13	13&14 200 Medley Relay	14
15	15&O 200 Medley Relay	16
1	Girls 200 Fly	
	Boys 100 Fly	2
3	Girls 100 Breast	
	Boys 200 Breast	4
5	Girls 100 Free	
	Boys 200 Free	6
7	Girls 12&O 400 IM	
	Boys 50 Back	8
9	Girls 50 Back	



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Saturday Prelims: Warm-up 7:30-8:20 AM, Events 8:30 AM-1:00 PM (estimated)

Girls	Event	Boys
201	11&U Girls Medley Eliminator	
17	Girls 100 Fly	
	Boys 200 Fly	18
19	Girls 200 Back	
	Boys 100 Back	20
21	Girls 200 Free	
	Boys 100 Free	22
23	Girls 50 Breast	
	Boys 50 Breast	24
	Boys 12&O 400 IM	26
	Boys 11&U 400 IM (timed final)	128
27	800 Free (timed final)	



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Saturday Finals: Warm up 3:00-3:50 PM, Events 4:00-7:00 PM (estimated)

Girls	Event	Boys
205	14-15 Medley Eliminator	206
29	12&U 200 Free Relay	30
31	13&14 200 Free Relay	32
33	15&O 200 Free Relay	34
17	Girls 100 Fly	
	Boys 200 Fly	18
19	Girls 200 Back	
	Boys 100 Back	20
21	Girls 200 Free	
	Boys 100 Free	22
23	Girls 50 Breast	
	Boys 50 Breast	24
	Boys 12&O 400 IM	26

Sunday Prelims: Warm up 7:30-8:20 AM, Events 8:30 AM-1:00 PM (estimated)

Girls	Event	Boys
	11&U Boys Medley Eliminator	202
35	Girls 50 Fly	
	Boys 50 Fly	36
37	Girls 12&O 400 Free	
139	Girls 11&U 400 Free (timed final)	
	Boys 12&O 400 Free	38
	Boys 11&U 400 Free (timed final)	140
39	Girls 100 Back	
	Boys 200 Back	40
41	Girls 50 Free	
	Boys 50 Free	42
43	Girls 200 Breast	
	Boys 100 Breast	44
45	Girls 200 IM	
	Boys 200 IM	46

Sunday Finals: Warm up 3:00-3:50 PM, Events 4:00-7:00 PM (estimated)

Girls	Event	Boys
207	16&O Medley Eliminator	208
47	12&U 200 Mixed Medley Relay	
48	13-14 200 Mixed Medley Relay	
49	15&O 200 Mixed Medley Relay	
35	Girls 50 Fly	
	Boys 50 Fly	36
37	Girls 12&O 400 Free	
	Boys 12&O 400 Free	38
39	Girls 100 Back	
	Boys 200 Back	40
41	Girls 50 Free	
	Boys 50 Free	42
43	Girls 200 Breast	
	Boys 100 Breast	44
45	Girls 200 IM	
	Boys 200 IM	46



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COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager. In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PAR A-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."

September 26, 2016